



This week, our core book of the week will be
When I'm Feeling Kind by Trace Moroney

When I'm Feeling Kind, Parent Instructions

In the following activity, you will be reading the book, When I'm Feeling Kind and demonstrating the word **FEEL** on your child's iPad, communication device or communication board. Please access the read-aloud version of this story via the following YouTube link (<https://youtu.be/jxl4KG5sFUo>) The minimum time required to complete this activity is 5 minutes, however, I often find this activity can last for 15+ minutes when engaging my students by **incorporating manipulatives**, or **searching short related videos on YouTube as examples in between pages**, you could do the same. The **highlighted/bolded** words are the words to be demonstrated by you on your child's device/board. After each modeled word or phrase, allow adequate wait time for your child to have an opportunity to independently activate the word/phrase on their device. There are no demands on the child during this time (you may have to wait longer than the proposed times below). Do not request that your child "do it", or "show me", "say it", or for them to take a "turn" (these are all prompts! We want independent activation and fun times!) If the child does not activate their device after adequate wait time (i.e. more than 10-20 seconds), continue reading as well as providing models of each designated word/phrase. They hopefully will begin to understand the activity towards the end and during subsequent repetitions. Research shows you can never read a book too many times, and repetition of upwards of 15 times is supported as great exposure to an expected skill. Furthermore, we do not expect students using assistive technology to copy our model independently until we have demonstrated the skill to them ourselves at least 150+ times, so do not be discouraged! Use this quality time as a bonding activity with your child and their device.

*Page 1 (you say): Today we are reading the book When I'm Feeling Kind. Let's look at what the bunny likes to do when he is **feeling** kind! (Wait 10 seconds before going to next page)*

*Page 2 (you say): When I'm **feeling** kind, I **feel** soft and gentle and caring and my heart **feels** really warm. (Wait 10 seconds before going to the next page.)*

*Page 3 (you say): When I'm **feeling** kind I like to do things that help other people. (Wait 10 seconds before going to the next page.)*

*Page 4 (you say): **Feeling** kind helps me understand how other people may be **feeling**. (Wait 10 seconds before going to the next page.)*

*Page 5 (you say): There are many things that I like to do when I **feel** kind, like help Mom clean the house, or listen to a friend talk about a problem they have, or give a friend a big hug when he's **feeling** sad. (Wait 10 seconds before going to the next page.)*

Page 6 (you say): Kindness is something I can also give to myself. Being kind to myself mean liking who I am and being proud of the things I'm good at instead of worrying about the things I'm not so good at! *(Wait 10 seconds before going to the next page.)*

Page 7 (you say): Being kind to myself means looking after my body. I look after it by eating healthy food, exercising every day and getting lots of sleep! *(Wait 10 seconds before going to the next page.)*

Page 8 (you say): When I'm **feel**ing kind I find it easy to be polite and have good manners. When I ask for something I always say "please" and when someone gives me something I always say "thank you". *(Wait 10 seconds before going to the next page.)*

Page 9 (you say): Kindness is something that makes everyone **feel** really good, especially me! *(Wait 10 seconds before going to the next page.)*

If you have any questions, please do not hesitate to contact me. If you and your family enjoy this activity, feel free to email fun pictures of how you interacted with this activity at home, or post in the school Facebook account to show us all the fun you had!

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