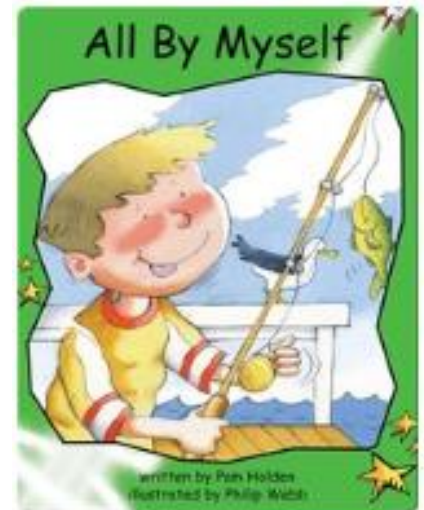


This week, our core book of the week will be All By Myself, by Pam Holden, which you can find by searching the title in the EPIC! Books application. Instructions on how to download the app, if desired, can be found on here under “Epic Books 5.25-29.2020”

<https://www.gengrascenter.org/services-therapies/speech-language/ms-dwyer/>

All By Myself, Parent Instructions

In the following activity, you will be reading the book, All By Myself, and demonstrating the word **HELP** on your child’s iPad, communication device or communication board. The minimum time required to complete this activity is 5 minutes, however, I often find this activity can last for 15+ minutes when engaging my students by **incorporating manipulatives**, or **searching short related videos on YouTube as examples in between pages**, you could do the same. The **highlighted/bolded** words are the words to be demonstrated by you on your child’s device/board. After each modeled word or phrase, allow adequate wait time for your child to have an opportunity to independently activate the word/phrase on their device. There are no demands on the child during this time (you may have to wait longer than the proposed times below). Do not request that your child “do it”, or “show me”, “say it”, or for them to take a “turn” (these are all prompts! We want independent activation and fun times!) If the child does not activate their device after adequate wait time (i.e. more than 10-20 seconds), continue reading as well as providing models of each designated word/phrase. They hopefully will begin to understand the activity towards the end and during subsequent repetitions. Research shows you can never read a book too many times, and repetition of upwards of 15 times is supported as great exposure to an expected skill. Furthermore, we do not expect students using assistive technology to copy our model independently until we have demonstrated the skill to them ourselves at least 150+ times, so do not be discouraged! Use this quality time as a bonding activity with your child and their device.



Instructions:

Page 1 (you say): Today we are reading All By Myself and seeing that it's okay to do things without **help**, until you need it! *(Wait 10 seconds before going to next page)*

Page 2 (you say): Dad said, "Let me **help** you sail your boat." "No, I want to sail it all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 3 (you say): "I could **help** you build you hut," said Dad. "Please let me build it all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 4 (you say): "Let me **help** you feed your rabbit," said Dad. "No, I want to feed him all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 5 (you say): "I could **help** you hit the ball," said Dad. "Please let me hit it all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 6 (you say): "Let me **help** you catch a fish," said Dad. "No, I want to catch one all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 7 (you say): "I could **help** you ride your bike," said Dad. "Please let me ride it all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 8 (you say): "Let me **help** you fly your kite," said Dad. "No, I want to fly it all by myself," said Tom. *(Wait 10 seconds before going to the next page.)*

Page 9 (you say): "Could you **help** me, Dad?" should Tom. "I want some **help! Help!**" *(Wait 10 seconds before going to the next page.)*

If you have any questions, please do not hesitate to contact me. If you and your family enjoy this activity, feel free to email fun pictures of things that you found that you can HELP with!, or post in the school Facebook account to show us all the fun you had!

Please fill out this short survey so I can better support you during this time:

<https://forms.gle/JzSeuivHK1jmJCij9>

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