My Amazing Adventure Detective Game

WHAT DID YOU SAY? The best socialization-communication and coping skills game in the entire world!!!
By playing this Adventure Detective Game you may find out some pretty interesting things about your friends or family members that you may not have ever known before. You will also learn some GREAT skills.

Selfies are TOTALLY allowed

Please send them to your teacher and social worker

And any other staff member😊
Lets take an Adventure
What Did You Say? An Adventure Detective Communication and Social Skills Training Game

Objective: to promote socialization and communication skills

Goals:

• Foster sharing, turn-taking and perspective taking
• Encourages 1-2 reciprocal exchanges
• Builds positive self-esteem
• Increases positive communication/socialization skills and positive exchanges between parent, sibling and student
• Helps to identify feelings and develop new coping techniques and strategies
• Encourages talking selfies, having fun and lots of laughs!
Adventure Detective What Did You Say?

Rules:

1st rule: Student, parent(s), siblings have to (honestly) discuss and answer questions. Ask questions to clarify if someone does not understand. Visuals or devices are encouraged.

2nd rule: Inside voice and have a lot of fun and plenty of laughs

3rd rule: No arguing, be honest

4th rule: Have fun and enjoy each other's company!

Materials: Paper, pencil, pen or marker and a prize for all the winners!
Directions:

You can either download What did you say? activity or read it from your computer or device

• 1. Starting with a volunteer (or you may assign one person to start) read the question out loud and answer it honestly.

• The game player then earns a point. Extra points for good sportsmanship, effort, patience and humor. If a player asks a clarifying question or a follow up question s/he get an extra point! Tally each response.

• 3. Move on to the next game player who answers the same question and then move on to the next question. Remember to tally each response.

• 4. Continue the game until the last Adventure Card or Slide has been read OR stop and play at another time.

• Tally the points. Game player with the most tallied point wins and gets a prize.
Let’s be detectives
Name at least 2-6 activities that honestly make you feel calm, happy and relaxed

Nope, sleeping is not an answer😊
WHO’S AWESOME?
YOU'RE AWESOME
Do any of the following activities make you feel happy or totally stressed out? Why?

**Holiday Show**
- Drawing or journaling
- Listening to music
- Exercise
- Going for a walk
- Talking to family and friends

**Floor hockey**
- Yoga
- Deep breathing
- Positive thinking
- Socializing with friends
- Playing with your dog, cat, gerbil
Do any of the following activities make you feel calm and relaxed or completely stressed out? How come?

**Watching a Yankee bball game**
- Watching sports
- Looking at old tv shows
- Playing on the computer or device
- Looking at youtube
- Hanging out with your child/parent

**Watching a Red Sox bball game**
- Being indoors or being outdoors
- Swimming
- Cooking or baking
- Being by yourself
- Scary movies
Extra points

Ready?
Pick 1-3 (or more) questions to answer

1. Tell something you did today or this week that made you feel especially proud.
   • Talk about the best teacher you ever had. How did s/he make you feel?
   • Who can you talk to when you are feeling sad, upset or angry?
   • What is the best compliment that you ever received? How did it make you feel?
   • Who is your best friend and why? Family members count as best friends.
   • What is your biggest fear or worry and why? What can you do to make it smaller or go away?
   • What is the best thing about Gengras Center School? What is the best thing about being home right now?
A+ excellent!
Now that you finished “What Did You Say Adventure Detective Game, what did you learn about each of your family members? What answer surprised you the most? What answer shocked you the least? What answer make you the most proud? What answer made you the happiest?

Nice job!
Congratulations
Every one is a winner!!!!

Great detective work
Email and let me know about this Adventure Detective Game. Also, send me selfies and see you soon😊
That's all Folks!